

ST. JOSEPH CHAPLET



The Seven Sorrows and Seven Joys of St. Joseph

The chaplet to St. Joseph is composed of seven mysteries in which we contemplate the seven sorrows and seven joys that St. Joseph experienced while living on earth.

How to recite the St. Joseph Chaplet

For each mystery we pray: one Our Father, ten Hail Josephs..., and one Glory be.

Creed:

I believe in God, the Father Almighty, Creator of heaven and earth; and in Jesus Christ, His only Son, our Lord: Who was conceived by the Holy Spirit, born of the Virgin Mary; suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell; the third day He rose again from the dead; He ascended into heaven, is seated at the right hand of God the Father Almighty; from thence He shall come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Our Father...,

We honor you Saint Joseph and your Most Chaste Heart, chosen by God the Father, to be the foster-father of Jesus and the Protector of the Holy Church.

Hail Joseph, Son of David, the just and the chaste, wisdom is with you; Blessed are you among all men and blessed is Jesus, the fruit of Mary, your faithful spouse.

Holy Joseph, worthy foster-father, and guardian of Jesus Christ and of the holy Church, pray for us sinners and obtain divine Wisdom for us from God, now and at the hour of our death. Amen.

We honor you St. Joseph and your Most Chaste Heart, chosen and loved by God the son to be His foster father, whom he obeyed and respected in his earthly life.

Hail Joseph, son of David...

We honor you St. Joseph and your Most Chaste Heart, chosen by the Holy Spirit to be the just, chaste holy spouse of the Blessed Virgin Mary.

Hail Joseph, son of David...Jesus, Mary, and Joseph, we love you, save souls! Most Chaste Heart of St. Joseph be the guardian of our family! **Glory be ...**,

Hymn (It is conventional to sing a stanza after each of the seven mysteries)

Hail, holy Joseph hail!

Hail! Holy Joseph, hail!
Chaste spouse of Mary, hail!
Pure as the lily flow'r
In Eden's peaceful vale.

Hail! Holy Joseph, hail!
God's choice wert thou alone!
To thee the Word made flesh
Was subject as a son.

Hail! Holy Joseph, hail!
Prince of the house of God!
May His best graces be
By thy sweet hands bestowed.

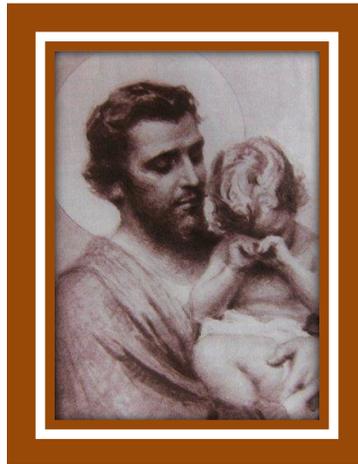
Hail! Holy Joseph, hail!
Help of the needy, hail!
Cheer thou the hearts that faint
And guide the steps that fail.

Hail! Holy Joseph, hail!
Teach us our flesh to tame;

And, Mary, keep the hearts,
That love thy husband's name

Mother of Jesus, bless,
And bless, ye saints on high
All meek and simple souls
That to Saint Joseph cry.

Meditations on His Seven Sorrows and Seven Joys



First Mystery

St. Joseph, by your sorrows and joy at the Virgin Mary's pregnancy, be my guide through life and death.

Our Father, 10 Hail Joseph..., Glory be.

Jesus, Mary, and Joseph, we love you, save souls!

Most chaste heart of St. Joseph, be the guardian of our family!

Second Mystery

St. Joseph, by your sorrow and joy at Jesus' birth, be my guide through life and death.

Our Father, 10 Hail Joseph..., Glory be.

Jesus, Mary, and Joseph, we love you, save souls!

Most chaste heart of St. Joseph, be the guardian of our family!

Third Mystery

St. Joseph, by your sorrow and joy at the circumcision of Jesus, be my guide through life and death.

Our Father, 10 Hail Joseph..., Glory be.

Jesus, Mary, and Joseph, we love you, save souls!

Most chaste heart of St. Joseph, be the guardian of our family!

Fourth Mystery

St. Joseph, by your sorrow and joy at the prophecy of Simeon, be my guide through life and death

Our Father, 10 Hail Joseph..., Glory be.

Jesus, Mary and Joseph, we love you, save souls!

Most chaste heart of St. Joseph, be the guardian of our family!

Fifth Mystery

St. Joseph, by your sorrow and joy at the flight into Egypt, be my guide through life and death.

Our Father, 10 Hail Joseph..., Glory be.

Jesus, Mary, and Joseph, we love you, save souls!

Most chaste heart of St. Joseph, be the guardian of our family!

Sixth Mystery

St. Joseph, by your sorrow and joy at the return from Egypt, be my guide through life and death.

Our Father, 10 Hail Joseph..., Glory be.

Jesus, Mary, and Joseph, we love you, save souls!

Most chaste heart of St. Joseph, be the guardian of our family!

Seventh Mystery

St. Joseph, by your sorrow and joy at the loss and the finding of the child Jesus in the temple, be my guide through life and death.

Our Father, 10 Hail Joseph..., Glory be.

Jesus, Mary, and Joseph, we love you, save souls!

Most chaste heart of St. Joseph, be the guardian of our family!

In referring to St. Joseph as a “diligent protector” of Christ, this litany brings to mind his important role in taking Mary and the infant child Jesus to Egypt to protect our Lord from being killed by King Herod (Matt 3:13-16).

The Litany of St. Joseph, in referring to him as a “patron of the dying” gives one of many examples of his patronage. The faithful ask for his assistance for workers, home buyers (and sellers) and, of course, carpenters, among many others!

When this litany is prayed in public, the congregation responds to a leader with the words in italics.

Lord, have mercy.

Christ, have mercy.

Lord, have mercy.

Christ, hear us.

Christ, graciously hear us.

God, the Father of Heaven, have mercy on us.

God the Son, Redeemer of the world, have mercy on us.

God the Holy Spirit, have mercy on us.

Holy Trinity, One God, have mercy on us.

Holy Mary, pray for us (after each line)

Saint Joseph,

Renowned offspring of David,

Light of Patriarchs,

Spouse of the Mother of God,

Chaste guardian of the Virgin,

Foster-father of the Son of God,

Diligent protector of Christ,

Head of the Holy Family,

Joseph most just,

Joseph most chaste,

Joseph most prudent,

Joseph most strong,

Joseph most obedient,

Joseph most faithful,

Mirror of patience,

Lover of poverty,

Model of artisans,

Glory of home life,

Guardian of virgins,

Pillar of families,

Solace of the wretched, Hope of the sick,

Patron of the dying,

Terror of demons,
Protector of Holy Church,

Lamb of God, who take away the sins of the world,
Spare us, O Lord.

Lamb of God, who take away the sins of the world,
Graciously hear us, O Lord.

Lamb of God, who take away the sins of the world,
Have mercy on us.

V. He made him the lord of His house:

R. And ruler of all His substance.

Let us pray.

O God, who in Thine unspeakable providence didst vouchsafe to choose blessed Joseph to be the spouse of Thine own most holy Mother: grant, we beseech Thee, that we may deserve to have him for our intercessor in heaven, whom we reverence as our defender on earth: who livest and reignest world without end. Amen.

